



Circle of Security

I N T E R N A T I O N A L™

Early Intervention Program for Parents & Children

***Attention Parents, Grandparents, Foster Parents, and Caregivers
This is 5-week class is for you!***

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The **Circle of Security® Parenting™ program** is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Using the COS-P model developed by the Circle of Security® originators, our trained facilitator work with parents and caregivers to help them to:

- Understand their child's emotional world by learning to read emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self-esteem
- Honor the innate wisdom and desire for their child to be secure

Wednesdays, March 21–April 18, 6:30 p.m.

Please register online or by phone (860) 673-6791.



THE FARMINGTON LIBRARIES

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6 Monteith Drive

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www.farmingtonlibraries.org

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